The Warrior Heart Programme

	Thursday 22/10/26	Friday 23/10/26	Saturday 24/10/26	Sunday 25/10/26	Monday 26/10/26	Tuesday 27/10/26	Wednesday 28/10/26	Thursday 29/10/26	Friday 30/10/26	Saturday 31/10/26	Monday 1/11/26	Tuesday 2/11/26
7:45 – 8:15		Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation
8:30 – 9:15		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:30 – 10:45	Drum Making	Journey of stones 1	Journey of stones 2	Journey of stones 3	Journey of stones 4	Journey of stones 5	Journey of stones 6	Journey of stones 7	Journey of stones 8	Journey of stones 9	Journey of stones 10	Turas Go maith Fair'eoir
10:45 – 11:00	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
11:15 – 12:45	Drum Making	Bone Mother	The Warrior's Heart	Honouring the ancestral spirits	Lost in War	Calls from the hat	Temple tending	The Warrior Eye	Standing in our truth	No Apologies	Beneficence Ceremony	
13:00 – 14:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
14:15 – 16:00	Drum Making	We are the earth	Warrior & Nomad	The Great Canoe	Ember Circle	Labyrinth	Initiation Ceremony	Ghost hunt	Dadgra-Dear	Barq of Sealadoir	Fire Ceremony	
16:00 – 16:30	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea		Afternoon Tea	Afternoon Tea	Afternoon Tea		
16:45-19:45	Drum Ceremony	Blue Flame ceremony	Temple of the Heart	New Story	Releasing of weapons	Labyrinth		Heart Trance	Heart Exorcism	Red Mountain		
20:00 – 20:45	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:00 – 21:30		Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	